



Our New Home for Assisted Living

The Home of the Good Shepherd, licensed by the NYS Department of Health, has served the Saratoga Springs community since 1870, earning a proud reputation for providing the highest level of skilled, attentive care.

In 2004, we moved to our new facility on Church Street, where we continue to offer:

- Warm and inviting, modern private suites.
- Customized care plans for each resident.
- Personal care assistance; daily activities.
- Meals, housekeeping and laundry services.
- A continuum of care which allows residents to “age in place.”
- An ideal location in Saratoga Springs.

We invite you to call or visit.



Home of the *Good Shepherd*

390 Church Street
Saratoga Springs, NY 12866

(518) 584-3317



The Home of the Good Shepherd



Saratoga Springs



Malta



Home Care Agency

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A Tradition of Superior Care in Assisted Living



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All the Comforts of Home

At the Home of the Good Shepherd we offer our residents superior professional care in a warm and inviting assisted living environment. Our size allows us to treat each person who stays here with us as an individual, meeting their own particular needs and encouraging them to remain active and involved with their lives.

Personal Care

We put the personal care and comfort of our residents above all else. This includes the assistance we give them with the tasks of their everyday lives, including dressing, bathing, oral care, and general hygiene.

Upon admission, a personal care plan is developed for each resident and integrated within case management services. The personal care plan reflects an individual resident's needs and routines prior to admission, and is based on discussions with the resident, family members, physicians, and others concerned with the well-being of the resident.



Dining

A variety of delicious meals are served three times a day in our dining room. Each resident has a choice of meals. Evening snacks are also offered. Therapeutic diets, as ordered by a physician, and tray service to accommodate special circumstances are also available.

Activities

Our residents never run out of opportunities for enriching and energizing their lives. We offer a full calendar of social and recreational activities that keep residents challenged and active. Planned trips are scheduled to area shopping centers, restaurants, and cultural activities. Of course, residents may choose to pursue their own interests, such as reading or watching television.



Sample Menus

SAMPLE BREAKFAST MENU

Orange Juice	Pineapple Juice
Oatmeal	Farina
Eggs	Eggs
Muffin with Margarine/Jelly	Dutch Apple Coffee Cake
Coffee-Tea-Milk-Sanka	Coffee-Tea-Milk-Sanka

SAMPLE DINNER MENU

Rib Eye Steak	Baked Ham with Raisin Sauce
Stuffed Baked Potato	Roasted Red Potatoes
Asparagus Spears	Zucchini and Tomatoes
Lemon Meringue Pie	Pumpkin Pie/Whipped Cream
Coffee-Tea-Milk-Sanka	Coffee-Tea-Milk-Sanka

SAMPLE SUPPER MENU

Homemade Chicken Soup	Homemade Vegetable Soup
Cheeseburger with a Pickle	Fruit Salad Platter
Sliced Radishes/Cucumbers	Cottage Cheese
Mandarin Oranges	Cranberry Orange Bread
Tapioca Pudding	Pear Halves with Melba Sauce
Coffee-Tea-Milk-Sanka	Coffee-Tea-Milk-Sanka

Sample Activities

Activities are scheduled throughout the day and evening — seven days a week.

Daily Exercises	Movies and Sing-a-Longs
Scenic Rides	Current Events
Bingo and Pokeno	Arts and Crafts
Ice Cream Socials	Armchair Travel
Wine and Cheese Parties	Name That Tune
Beauty Salon	Baking
Barber Shop	Library
Resident Council	Storytelling
Picnics at the Park	Flower Arranging
Birthday Parties	— and much more!
Shopping/Lunch Excursions	

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