

A NEW HOME FOR ASSISTED LIVING



The Home of the Good Shepherd, licensed by the NYS Department of Health, has served the Saratoga Springs community since 1870, earning a proud reputation for providing the highest level of skilled, attentive care.

In 2007, we opened our new facility in Wilton, where we continue to offer:

- Warm and inviting, modern private suites.
- Customized care plans for each resident.
- Personal care assistance; daily activities.
- Meals, housekeeping and laundry services.
- A continuum of care which allows residents to “age in place.”
- An ideal location in Wilton.



THE HOME OF THE GOOD SHEPHERD

✦
SARATOGA SPRINGS

✦
MALTA

✦
WILTON

Home of the
Good Shepherd
WILTON

60 Waller Road, Wilton, NY
www.homeofthegoodshepherd.com

(518) 580-0702

A TRADITION OF SUPERIOR CARE IN ASSISTED LIVING



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ALL THE COMFORTS OF HOME



At the Home of the Good Shepherd we offer our residents superior professional care in a warm and inviting assisted living environment. Our size allows us to treat each person who stays here with us as an individual, meeting their own particular needs and encouraging them to remain active and involved with their lives.

PERSONAL CARE

We put the personal care and comfort of our residents above all else. This includes the assistance we give them with the tasks of their everyday lives, including dressing, bathing, oral care, and general hygiene.



Upon admission, a personal care plan is developed for each resident and integrated within case management services. The personal care plan reflects an individual resident's needs and routines prior to admission, and is based on discussions with the resident, family members, physicians, and others concerned with the well-being of the resident.

DINING

A variety of delicious meals are served three times a day in our dining room. Each resident has a choice of meals. Evening snacks are also offered. Therapeutic diets, as ordered by a physician, and tray service to accommodate special circumstances are also available.

ACTIVITIES

Our residents never run out of opportunities for enriching and energizing their lives. We offer a full calendar of social and recreational activities that keep residents challenged and active. Planned trips are scheduled to area shopping centers, restaurants, and cultural activities. Of course, residents may choose to pursue their own interests, such as reading or watching television.



SAMPLE MENUS

BREAKFAST

- | | |
|-----------------------------|-------------------------|
| Orange Juice | Pineapple Juice |
| Oatmeal | Farina |
| Eggs | Eggs |
| Muffin with Margarine/Jelly | Dutch Apple Coffee Cake |
| Coffee-Tea-Milk-Sanka | Coffee-Tea-Milk-Sanka |

DINNER

- | | |
|-----------------------|-----------------------------|
| Rib Eye Steak | Baked Ham with Raisin Sauce |
| Stuffed Baked Potato | Roasted Red Potatoes |
| Asparagus Spears | Zucchini and Tomatoes |
| Lemon Meringue Pie | Pumpkin Pie/Whipped Cream |
| Coffee-Tea-Milk-Sanka | Coffee-Tea-Milk-Sanka |

SUPPER

- | | |
|----------------------------|------------------------------|
| Homemade Chicken Soup | Homemade Vegetable Soup |
| Cheeseburger with a Pickle | Fruit Salad Platter |
| Sliced Radishes/Cucumbers | Cottage Cheese |
| Mandarin Oranges | Cranberry Orange Bread |
| Tapioca Pudding | Pear Halves with Melba Sauce |
| Coffee-Tea-Milk-Sanka | Coffee-Tea-Milk-Sanka |

SAMPLE ACTIVITIES

Activities are scheduled throughout the day and evening — seven days a week.

- | | |
|---------------------------|-------------------------|
| Daily Exercises | Movies and Sing-a-Longs |
| Scenic Rides | Current Events |
| Bingo and Pokeno | Arts and Crafts |
| Ice Cream Socials | Armchair Travel |
| Wine and Cheese Parties | Name That Tune |
| Beauty Salon | Baking |
| Barber Shop | Library |
| Resident Council | Storytelling |
| Picnics at the Park | Flower Arranging |
| Birthday Parties | — and much more! |
| Shopping/Lunch Excursions | |



WE INVITE YOU TO CALL OR VISIT.

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